



March 17-19, 2017

**Twin Rocks Conference Center
18705 Highway 101 North
Rockaway Beach, Oregon**

Sponsored by Oregon Intergroup of OA

A retreat is a place to focus on recovery and spiritual growth; a weekend devoted to fellowship & spiritual renewal. It can enhance your program and reaffirm your commitment to your recovery.

For more information, including scholarships,

Email: serenityretreat@oregon-oa.org

Mail: [Serenity Retreat PO Box 2429, Portland, OR 97208](mailto:SerenityRetreat@oregon-oa.org) or

Call: [Loriann at 503-704-8571](tel:503-704-8571) or [Marie at 503-639-0149](tel:503-639-0149)

The retreat includes...

- Meetings, inspiration, group sessions, speakers, fun, and OA fellowship
- Six delicious meals
- Late night, free time, and early-morning volunteer-led activities

Registration opens at 4pm; Friday dinner is served at 6pm. The retreat ends after lunch on Sunday.

No children or pets are allowed at the Twin Rocks Retreat Center.

Scholarships

If paying in full is a hardship ask your home meeting for support. If they cannot help, you may request help from Oregon Intergroup. These \$50 scholarships are given out first come / first served until the fund runs out; call Marie at (503) 639-0149. To help others, please donate to the scholarship fund.

Accommodations

Three story dormitory building (no elevator) and dorm-style cabins - all rooms have bunk beds & sleep 4-10 people. The large building has a single bathroom on the first floor & common bathrooms on the second & third level. Cabins (except two not usually assigned) have a single bathroom. Meals are family style in a dining hall & the sessions are in a large lecture hall. Volunteers are needed at each meal: you may sign up at check-in.

Rooms are assigned. If you must have a lower bunk or cannot negotiate stairs **you must tell us**. Please be very specific regarding your needs. Are you able to climb 2 - 4 steps into a cabin, or none at all? Need no dairy in your food? Use a scooter? Let us know. We will do our best to accommodate your needs on a first come/first serve basis.

Bring along...

- Sheets or a Sleeping bag and pillow; extension cord if you use a CPAP
- Towels, soap, and personal items, toiletries, etc.
- A flashlight for late night strolls
- Clothes to accommodate wet, cool and warm weather
- Big Book, 12 & 12, notebook or paper, and pen
- Money to buy raffle tickets! and any raffle basket(s) your group might have created

About the Twin Rocks Friends Conference Center

Twin Rocks Friends Conference Center is located in Twin Rocks, Oregon, 13 miles north of Tillamook and 2 miles south of Rockaway Beach on Highway 101. A short walk from the beach, it also offers a 24-hour chapel, hiking trails, volleyball, a craft room, and assorted sporting equipment.

You may preview the facilities at: www.twinrocks.org

Food, sleeping and mobility

You must TELL US or we may not be able to accommodate your needs. All special needs and roommate requests are first-come/ first-served.

Meals:

We always request no sugar and no white flour for our meals. Do you have other requirements?

- Vegetarian (vegan? lacto-ovo?)
- Lactose intolerance
- Gluten intolerance
- Other special food needs:

Sleeping and mobility; check all that apply: (Note: rooms & beds are assigned 1-2 weeks prior to retreat - no guarantees on location)

- Quiet, early-to-bed room
- Up-late-at-night room
- I snore; I don't mind others snoring or CPAP noise (cross out extras)
- Lower bunk because _____
- I can only do up to ____ stair-steps
- As close as possible to meeting room & meals
- Single room/couples room (\$50 up-front extra charge per room)
- Any other special needs? (attach a separate sheet if needed)

Roommates: Each of you MUST complete a registration form. Try to send all roommates' registrations at once, and list all roommates in any case. Use a separate sheet if needed. Each room holds 4-10 people, with bunks.

Roommate #1 _____

Roommate #2 _____

Roommate #3 _____

I am available to do service:

- ___ Arriving early, will help with registration
- ___ Will lead early morning meeting or meditation: Topic _____
- ___ Will lead free-time meeting or activity: Topic: _____
- ___ Will pick up speaker(s) at airport
- ___ Will take speaker(s) back to airport
- ___ Will help Ways & Means ___ set up ___ tear down ___ sell things ___ Will sell raffle tickets

To register...

...by mail: Fill out this page, both sides. Send it & your check or PayPal transaction number to Serenity Retreat, PO Box 2429, Portland, OR 97208.

...Online: www.oregon-oa.org. (click on Register for Retreat)

Pay by check enclosed with your registration form or **by PayPal** to serenityretreat@oregon-oa.org. **A deposit** of at least \$100.00 per person is required. **For early bird** rates, you must email or postmark registration on or before February 8, 2017. **Payment in full** is due by March 2, 2017.

Cancellation: *We can only refund if you cancel before March 2, 2017.* Mail to the PO Box or email to serenityretreat@oregon-oa.org.

Late cancellations cannot be refunded.

Print, please, so we can read it

Full Name

Address

Phone (____) _____ Email

What?	Choose	Price
Early Bird registration, by Feb. 8, 2017		\$190.00
Regular registration, after Feb. 8, 2017		\$207.00
Commuter with meals only* (RV)		\$141.00
Single or couples room, extra per room*		\$50.00
Total due		\$
Deposit paid (at least \$100 per person)		\$
Donation for scholarship fund		\$
Payment enclosed, paid by PayPal or scholarship (list source)		\$
Remainder due by March 2, 2017		\$

* Limited to 6 RV spots, **Only 2 single/couples rooms (assigned by registration date)

Confirmation: will be sent by email. If you don't have an email address, we will send you a postcard. We prefer email, it's cheaper.